



School Counseling Supports by Tier and Domain



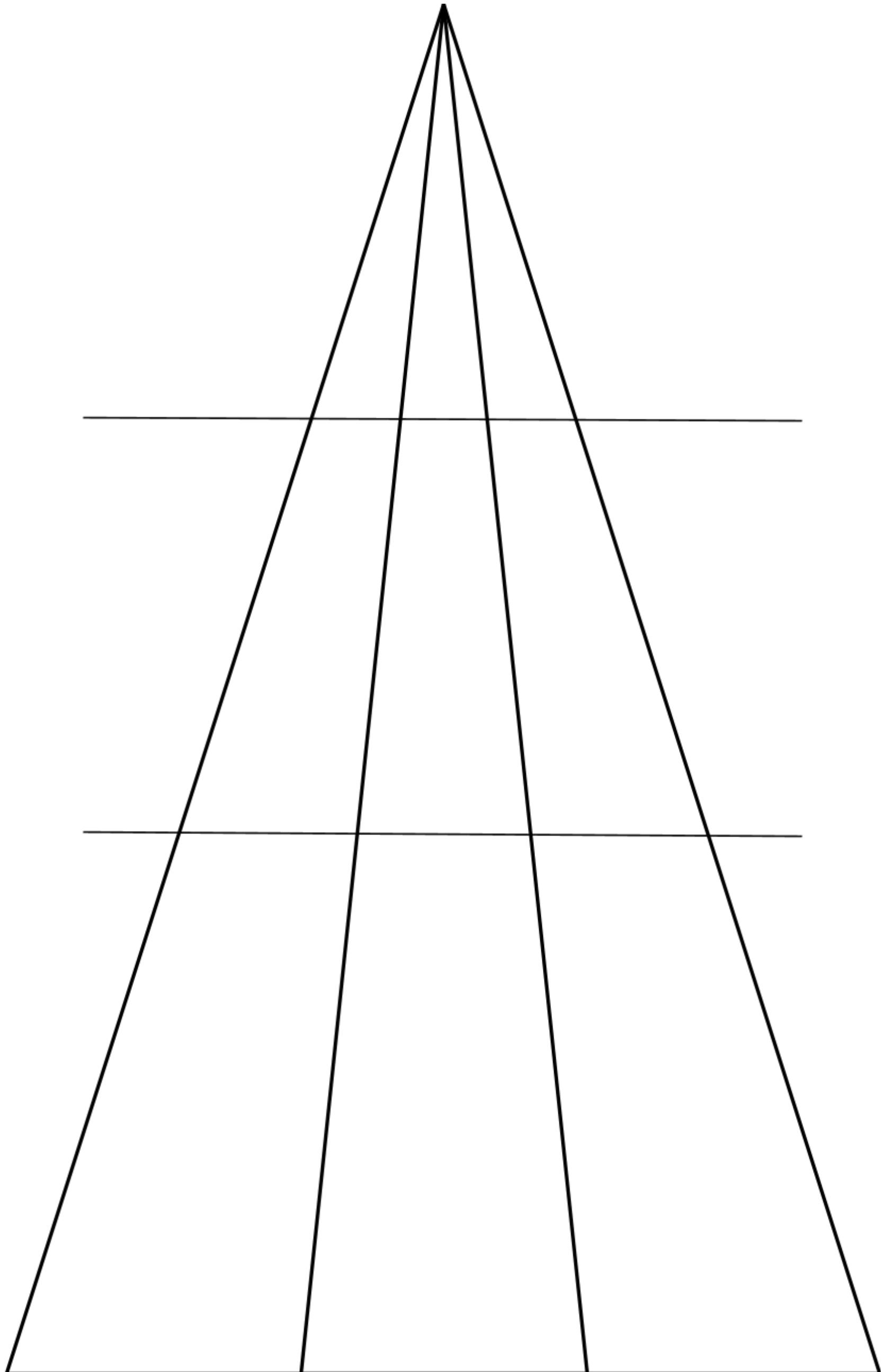
Use this blank chart to list out all the school counseling supports you CURRENTLY have in place for students at each tier, within in each domain. Then, list out the supports you think are lacking and you would like to implement next year.

SCHOOL NAME: _____ NAME OF COUNSELOR COMPLETING THIS CHART: _____

Tier 3 (FEW)

Tier 2 (SOME)

Tier 1 (ALL)



ACADEMIC

SOCIAL/EMOTIONAL

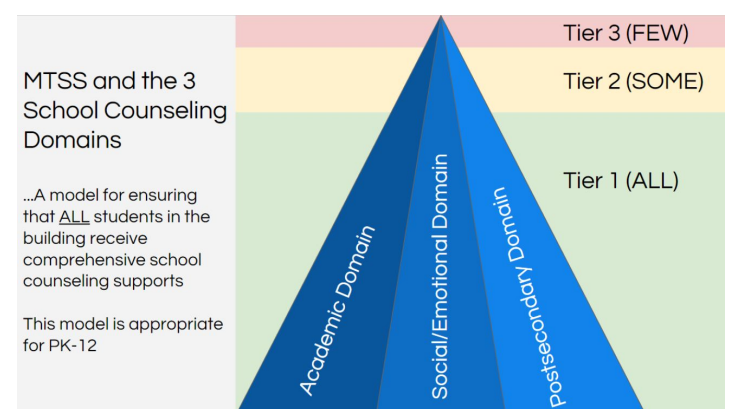
POSTSECONDARY

Examples of School Counseling Supports at Each Tier and Domain

This list is meant to serve as a reference only. Not all supports listed below will be appropriate for all schools. School counselors must collaborate with their administrators to analyze school data and determine the most appropriate supports for their school, based on student need. Contact OSCPA if you have questions or need assistance: Elementary Schools - Angela Shanahan, aeshanahan@cps.edu; High Schools - Whitney Triplett, wdrtriplett@cps.edu

	Academic	Social/Emotional	Postsecondary
Tier 3 (FEW)	<ul style="list-style-type: none"> Referrals for tutoring, academic supports, or re-engagement centers (i.e. SOAR Centers) Academic support plans/contracts Intensive, short-term, solution-focused individual academic planning for students identified as at-risk Transition plans for incarcerated, expelled, and hospitalized students Intensive attendance-related supports (i.e. home visits) 	<ul style="list-style-type: none"> Collaboration with CPS Crisis Team/SASS Referrals (i.e. DCFS, mental health services, shelters, other community services) Consultation with a student's outside therapist Consultation with or reports to DCFS Behavior Support Plans Intensive, short-term, solution-focused individual counseling for students identified as at-risk Transition plans for incarcerated, expelled, hospitalized, and/or homebound students Behavioral Health Team (BHT); Interventionist Entity of Culture and Climate Team- Partnership with Lurie Children's Hospital Wraparound Services (Internal Providers) RENEW/Wraparound 	<ul style="list-style-type: none"> Referrals as appropriate (i.e. SOAR Centers, Job Corp) Intensive, short-term, solution-focused individual counseling for students identified as at-risk Individual student/family advising around postsecondary issues Postsecondary advocacy (e.g., financial aid appeals; arranging one-on-one admissions interviews with college reps) Coordinating one-on-one postsecondary supports (e.g., college essay-writing supports, drawing out students who are interested in non-traditional pathways) Transition plans for incarcerated, expelled, and hospitalized students Summer melt advocacy/planning Postsecondary reengagement
Tier 2 (SOME)	<ul style="list-style-type: none"> Short-term, solution-focused small group counseling (i.e. study skills, executive functioning skills) Closing-the-gap activities & equity, access, and systemic change activities DREAMer and DACA support Brokering credit recovery options for students with credit deficiencies Check-in/Check-out (CICO) Supports for students in temporary living situations (STLS) Coordination of mentoring supports Consultancy/collaboration Participation on IEP/504 teams Individual academic planning for students identified as at-risk Small groups for students identified as at-risk Recognition and awards ceremonies Diverse Learner/ELL Progress Monitoring Collaboration with Grade Level Teams/House Teacher Teams 	<ul style="list-style-type: none"> Short-term, solution-focused small group counseling (i.e. children of divorce, grief, relationships, social skills) Closing-the-gap activities & equity, access, and systemic change activities DREAMer and DACA support Trauma-focused interventions (e.g., CBITS, Bounce Back, SPARCS) Aggression prevention interventions (e.g., Anger Coping, Think First) Social skills interventions (e.g., S.S. GRIN) Peace Circles, Peer Jury, Peer Conference Check-in/Check-out (CICO) Restorative Conversations Supports for students in temporary living situations (STLS) MTSS Tool/Student Logger notes Coordination of mentoring supports Consultancy/collaboration/teaming Recognition and awards ceremonies CBO consultation and supports (Step Up, BAM, ENLACE, Teen Parenting Initiative) School Behavioral Health Team Referrals Student/family behavior conferences 	<ul style="list-style-type: none"> Short-term, solution-focused small group counseling (i.e. Posse, Gates) Closing-the-gap activities & equity, access, and systemic change activities DREAMer and DACA support Check-in/Check-out (CICO) Supports for students in temporary living situations (STLS) FAFSA workshops for families of first-generation students College tours for special populations Coordination of mentoring supports College essay-writing supports Supporting Posse applicants Consultancy/collaboration Small groups for students identified as at-risk Recognition and awards ceremonies College and Career fairs for special populations
Tier 1 (ALL)	<ul style="list-style-type: none"> Teaching standards-based, developmental classroom lessons focused on the academic domain (i.e. transcript review, HS applications) Collaboration with Grade Level Teams/House Teacher Teams High school fairs and informational sessions for students and families Advisory lessons on academic domain content Student/parent orientations Marketing of enrichment and extracurricular opportunities High School Investigation Day Freshman Connection Service Learning supports Academic Progress Monitoring of ALL students (i.e. Dashboard, D/F Gradebook Report, Grade Level/Dept. discussions) Culture and Climate Team: (Inclusive of Admin., School Staff and Clinicians) 	<ul style="list-style-type: none"> Teaching SEL standards-based, developmental classroom lessons Training appropriate school staff to deliver standards-based curriculum/coordinating school-wide SEL curricula (i.e. Second Step) Co-teaching SEL standards with content-area teachers Incorporating school-wide expectations Discipline in the elementary/secondary classroom (i.e. BRAVE, ACHIEVE) Advisory lessons on SEL domain content Coordination of Sexual Health Curriculum Marketing of enrichment and extracurricular opportunities School-wide or grade level-wide team building/leadership workshops or events Social/emotional workshops for families Coordinating school-wide responsive services to address an emergency, disaster, or other crisis situation Coordination of school-wide awareness events (i.e. Day of Silence) Adolescent depression prevention in health 	<ul style="list-style-type: none"> Teaching standards-based, developmental classroom lessons focused on the career domain Facilitating completion of the Naviance Individual Learning Plan (ILP) for all students in grades 6-12 College tours, business tours, or other postsecondary site visits for all students GoCPS Workshops FAFSA workshops, open to all students Fairs (college, career, scholarship) Career day/guest speakers Senior Seminar courses Advisory lessons on career domain Student/parent orientations Career domain workshops for families Marketing of enrichment and extracurricular opportunities (i.e. job shadowing, internships) Decision Day activities Resume and interviewing workshops (i.e. "What Not to Wear" fashion show) Summer Melt preventative supports

ASCA Recommendation	ASCA Delivery System Component	
80% or more	Direct Services	Core Curriculum (Tier 1)
		Individual Student Planning (Can be Tier 1/2/3)
		Responsive Services (Can be Tier 1/2/3)
	Indirect Services	Referrals, Consultation, Collaboration (Can be Tier 1/2/3)
20% or less	System Support	(Can support Tiers 1/2/3)



Sources:
 Chart adapted from Hatching Results, LLC
 ASCA National Model, 3rd Edition
[The School Counselor's Role in MTSS: 1-Pager](#)